**ANNEX-3 PROJECT -A- SUMMARY DOCUMENT**

*Date: 26th of July 2019 / Reference No: JPF-PLS-19-002*

<table>
<thead>
<tr>
<th>Project Duration:</th>
<th>12 Months</th>
</tr>
</thead>
<tbody>
<tr>
<td>Project Start Date:</td>
<td>25th of September 2018</td>
</tr>
<tr>
<td>Project End Date:</td>
<td>24th of September 2019</td>
</tr>
<tr>
<td>Project Description:</td>
<td></td>
</tr>
<tr>
<td>Target Group(s):</td>
<td>Person with Disabilities or Injured</td>
</tr>
<tr>
<td>Location(s):</td>
<td>Northern Gaza, Gaza City, Middle, Khan Yunis and Rafah</td>
</tr>
</tbody>
</table>

**Project Objective 1:**

* Provision of medical services to PwD and patient.

**Output Indicator:**

1. 350 People received rehabilitation through house visits
2. 200 People received outpatient rehabilitation
3. 380 People received assistive devices
4. 500 children aged 0 to 5 who have been diagnosed with malnutrition received medical supplies and achieved their short-term goals for alleviation and elimination of malnutrition.

**Outcome Indicator:**

The short-term goal for output indicator 1 and 2 is to functionalize recovery and improvement of everyday life quality. The physical function and health status of people with disabilities and those receiving treatment are improved or their deterioration is prevented.

**Means of Verification:**

- Number of people who received medical services
- Observation of cases by medical profession
- Number of beneficiaries who made improvements in health index
- Number of referrals made

**Description of Activities:**

Provides rehabilitation services through house visit by medical teams to 350 people in five areas of Northern Gaza, Gaza City, Middle, Khan Younis and Rafah. The medical team consists of doctors, nurses, physiotherapists (also as occupational therapists), psychologists and social workers. We offer care such as medical examination, rehabilitation, treatment of affected part, consultation assistance, and psychological support. The frequency varies depending on the condition of the patient and the degree of disability, but several times a week to once a month.

**Beneficiary Selection Criteria:**

Selection of 550 beneficiaries (350 for home-visit and 200 for outpatient) is based on the criteria below.

- Previous beneficiaries diagnosed to be continuously supported
- People injured and handicapped by the war in 2014 are prioritized, but people deteriorated by the post-war living condition are also included.
- Children and youth are prioritized.
• People with serious disability and difficulty to come to rehabilitation facilities are given services through home visits.
• Give priority to people in more vulnerable households cooperating with Ministry of Social Welfare.
• People with congenital handicaps or disabilities caused by traffic accidents are included.
• People not supported before or received only medical assistance with insufficient rehabilitation services are selected with priority.

Project Activity Status as of 30th of June 2019:
• 379 people (108.2% of the initial target) have received home-visit rehabilitation services.
• 105 people (52.5% of the initial target) have rehabilitation services at the outpatient facilities.
• Assistive devices have not been distributed yet, but planned to be distributed soon.
• 521 children suffered from malnutrition (104.2% the initial target) have been examined by doctors.

Project Objective 2:
Developing human resources in support for patients and PwD.

Output Indicator:
1. 30 People (20 Physical therapist and 10 social worker) received medical-related job training
2. 30 People received care assistant and volunteer training
3. 500 People participated in workshop on Nutrition improvement
4. 240 People participated in workshop on Assistive Care / Home Rehabilitation

Outcome Indicator:
For Output 1 and 2;
• 80% of the trainees are satisfied with the content and feel that they have obtained useful knowledge
• 70% of the participants of the training practice what they have learned.
For Output 3 and 4;
• 70% of parents of children who are diagnosed with malnutrition participate in the workshop on the improvement of nutrition.
• 70% of the patients’ families receiving rehabilitation participate in the workshop on Assistive Care / Home Rehabilitation.
• 80% of families who participated in the workshop on Assistive Care / Home Rehabilitation are satisfied with the content.

Means of Verification:
• List of training participants
• Questionnaire applied during/after the trainings & workshops
• Evaluation of the training instructor

Description of Activities:
Medical related job training: It has been planned to provide training to 20 physiotherapists and 10 social workers. The training consists of lectures, practice trainings (6 hours × 4 days) and the post-training supervision (once a month). During the latter session, trainers
accompany trainees’ rehabilitation and then give feedback to individual sessions. At the end of the month, they have a monthly meeting to discuss about practical tasks and countermeasures to these issues. Proficient physio-therapists, social workers or professors are supposed to be lecturers.

**Care assistant and volunteer training:** In the outpatient facilities (northern and southern), it has been planned to provide training to persons who assist medical staffs and help patients to move around the facilities. Target 15 people each in the north and south. In a total of 96 hours, lectures and practical skills 24 hours (4 hours × once a month × 6 months) + practice 72 hours (3 hours × 8 times a month × 3 months). The instructors also monitor on-the-job training, assessing the degree of acquisition while advising trainees. Students who are judged to have completed training from a lecturer and a partner group physiotherapist start working as care assistant (paid) or care volunteer (unpaid).

**Workshop on Nutrition improvement:** Pediatricians, nurses, pharmacists, etc. of local partner organizations will be lecturers, and will give lectures and questions and answers for about one hour to 20 people at one time. 20 people x 2 clinics x 12 months. This session will be carried out once a month in each clinic.

**Workshop on Assistive Care / Home Rehabilitation:** A physiotherapist will be a lecturer, who will explain the rehabilitation method that can be implemented at home and the assistance method at the time of movement with practical skills. A two-hour workshop will be held once a month at rehab facilities in the north and south. The number of participants is about 10 (10 people x 2 facilities x 12 months = about 240 people) in each session. Workshop contents: safe assistance for toilet bathing, assist method of transfer, understanding disabilities and assistive devices, eating method and oral care, etc.

**Beneficiary Selection Criteria:**
The medical staff assistant and volunteer training is intended for students who attend the physiotherapy department and the welfare department, and graduates who have graduated from the department but do not have a job. The training instructor will be a physiotherapist who has experience in the field.

**Project Activity Status as of 30th of June 2019:**
- 20 physio-therapists (100% of the initial target) have participated in the training.
- 10 social workers (100 % of the initial target) have taken part in the training.
- Totally 30 assistants and volunteers (100% of the initial target) have been included in the training.
- 48.7% of the objective that 70% of parents of children diagnosed as malnutrition participate in the workshop on Nutrition improvement have been achieved.
- 33.8% of the objective that 70 % of families of patients of rehabilitation services have taken part in the workshop on Assistive Care / Home Rehabilitation.

**Project Objective 3:**
**Facilitating social participation of PwD and patient.**

**Output Indicator:**
1. 60 persons with disabilities participate in the vocational training.
2. Job opinion exchange meeting and awareness/network event organized for 1000 people

**Outcome Indicator:**
For output 1;
• Vocational training participants will have an average attendance rate of 80% or more.
• 80% of the vocational training participants felt that they were satisfied with the content and were able to acquire useful skills.
• 70% of the vocational training participants have acquired necessary skills. Of the participants, 70% of their self-esteem improved.
• 80% of the participants continue to attend internship with an average attendance rate of 80% or more.

For output 2
• 80% of the physically handicapped people and employers who participated in the job opinion exchange meeting were satisfied with the content and felt that it helped to solve the problem.
• 80% (sample survey) of the people who participated in the awareness/network event are satisfied with the content.

Means of Verification:
• Number of vocational training participants
• Attendance rate of vocational training participants
• Questionnaire results of vocational training participants
• Evaluation of the vocational training instructor
• Questionnaires and interviews with participants of the job opinion exchange meeting and awareness/network event

Description of Activities:

Vocational Training: Providing vocational training that can lead to employment according to the remaining functions of persons with disabilities (handicrafts, woodworking, cooking, photography, video production, electrical work, hairdressing, etc.). Vocational training is three days a week, three to five months, with a total of about 210 hours (3.5 hours x 3 days x 4 weeks x 5 months) for 10 people per 6 courses (period and number of hours may vary with each course). Specialists in each section of the local partner organization will be in charge of instructors, but only for the hairdressing course will be outsourced to external organizations.

Job opinion exchange meeting and awareness/network event: A discussion meeting in which job seekers with physical disabilities and employers of public organizations and private companies participate will be held. Lecturers who are knowledgeable in the rights of persons with disabilities and employment support, and give lectures on the employment situation of the physically handicapped, the obligations of employers, and the problems that are easily encountered during employment and their solutions.

Project Activity Status as of 30th of June 2019:
60 people with disabilities have participated in vocational training, which fulfils the initial target. Job opinion exchange meeting and awareness/network events are not held yet.

Beneficiary Selection Criteria:
Local partner organization will select 60 beneficiaries according to the following criteria.
• Males and females aged 18-40 with physical disability.
• People who can move on their own and can travel to training place.
• Prioritize those who have few employees in the household and are economically in need.
• Prioritize women and people who have not received similar vocational training in the past.
Required Information and Documents for The Proposal:
It is expected from the bidder to provide minimum, below mentioned information and documents at the Project A Monitoring Proposal;

- Proposed Monitoring Design and Methodology
- Proposed work-time plan
- Sampling methodology and proposed sampling size
- Proposed number of Key Informant Interview and methodology
- Proposed number of Focus Group Discussions and methodology including target groups